



## Shorinjiryu Renshinkan Karate Do England

### COVID COUNTERSTRIKE TRAINING FILMS!

Dear students, family & friends,

Head to the school website for the first installation of our new series of educational films.

- visit the members page
- hit the red COVID Counterstrike tab
- follow the link
- enjoy your training!

A new film, every Monday, keeping you on the right path for the good fight!

RENSHINKAN!

The password has been updated, so do not hesitate to contact your sensei for the new one.

<https://renshinkankarate-england.org.uk/members-area/>

Kind Regards

Julia Shihan