

HEADQUARTERS HALF TERM TRAINING PROGRAMMES, 2019.

SPRING H/T, 15th – 22nd FEBRUARY 2019.

DAY/DATE	DOJO	TRAINING	NOTES
Fri 15th	Ark, 5.30-6.45/7.15	No	Join Mon/Sun class
Sun 17th	Dolphin, 6-730	No	
Mon 18th	Triangle Pee Wee, 4.00-5.00	No	Join 5.00-6.15pm class
Mon 18th	Triangle Juniors, 5.00-7.00	Yes	No 6.15-7.00 pm session
Tue 19th	Ark, 3.40-4.40	No	Join Mon class
Tue 19th	Scaynes Hill, 6.45-8.15	Yes	
Wed 20th	Dolphin both sessions	No	Join Mon class
Thr 21st	Triangle, 6.30-8.00,	Yes	All welcome
Fri 22nd	The Ark, 5.30-6.45/7.15	No	Join Thr, Mon
Sun 24th	Dolphin Brown Belts, 8.15-9-45	No	Tournament training, 8.15-1,00pm
Sun 24th	Dolphin 6.00-7.30	No	

SUMMER H/T, 24th MAY- 2nd JUNE 2019.

DAY/DATE	DOJO	TRAINING	NOTES
Fri 24th May	The Ark, 5.30-7.15	No	
Sun 26th May	Dolphin, both sessions	No	No brown belt training, no Sun pm training
Mon 27th	Triangle Pee Wee, 4.00-5.00	No	BANK HOLIDAY. Join Wed session.
Mon 27th	Triangle Juniors, 5.00-7.00	No	BANK HOLIDAY. Join Wed session.
Tue 28th	Ark, 3.40-4.40	No	Join Wed session
Tue 28th	Scaynes Hill, 6.45-8.15	Yes	All welcome
Wed 29th	Dolphin Pee Wee, 4.00-5.00	No	Join 5.00-6.30 class. Leave at 6.00pm
Wed 29th	Dolphin Juniors, 5.00-6.30	Yes	All Welcome
Thr 30th	Triangle, 6.30-8.00	Yes	All welcome
Fri 31st	The Ark, 5.30-6.45	Yes	No senior session,6.45-7.00.
Sun 2nd June	Dolphin, Dan Grades	Yes	
Sun 2nd June	Dolphin 6.00-7.30	Yes	

AUTUMN H/T, 25TH OCTOBER – 2nd NOVEMBER 2019 (Including Family camp 18-20th October)

DAY/DATE	DOJO	TRAINING	NOTES
Fri 18th -Sun20th	All dojo's	No	Family Camp
Fri 25th	Ark, 5.30-7.15	No	
Sun 27th	Brown Belts. 8.15-9.45	Yes	Open to all.
Sun 27th	Dolphin, 6.00-7.30	No	
Mon 28th	Triangle, both sessions	No	Join Dolphin Weds
Tue 29th	Ark, 3.40-4.40	No	Join Dolphin Weds 5.00-6.30 class.
Tue 29th	Scaynes Hill, 6.45-8.15	Yes	All welcome
Wed 30th	Dolphin Pee Wee	No	Join 5.00-6.30 class, leave at 6.00pm
Wed 30th	Dolphin Juniors	Yes	
Thr 31st	Triangle, 6.30-8.00	Yes	All welcome
Fri 1st Nov	Ark, 5.30-7.15	NO	Join Wed Dolphin or Thr Triangle
Sun 2nd Nov	Dan Grade, 8.15-9.45	Yes	
Sun 2nd Nov	Dolphin, 6.00-7.30	No	Brown belts please join the Dan grade session.